DIBEN® DRINK



DESCRIPTION

Nutritionally complete, high-caloric 1.5 kcal/ml, high protein (20% energy) oral nutritional supplement with fibre. With fish oil, high in monounsaturated fatty acids, modified profile with low glycaemic index for improved glycaemic control. Lactose and gluten free, low in sodium and cholesterol. With sugar and sweeteners. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with impaired glucose metabolism.

PRESENTATION

DIBEN® Drink is ready to use and presented in a 200ml EasyBottle.It is available in a choice of three flavours: cappuccino*, forest berries and vanilla.

* Cappuccino flavour contains traces of caffeine (0.5 mg/ 100 ml).

CONTRA-INDICATIONS

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED.
NOT SUITABLE FOR CHILDREN <3 YEARS.
FOR ENTERAL USE ONLY.
NOT SUITABLE FOR PATIFNTS WITH GALACTOSAFMIA

PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION.
USE WITH CAUTION IN CHILDREN <6 YEARS.
ENSURE ADEQUATE FLUID INTAKE.

INDICATIONS FOR USE

For the dietary management of patients with or at risk of diseaserelated malnutrition in particular for patients with impaired glucose metabolism.

Diben® Drink is a Food for Special Medical Purposes.

Diben® Drink is currently a PCRS reimbursable item.

DOSAGE

Dosage: To be determined by a health care professional according to patients' needs.

Recommendation for supplementary nutrition 2-3 bottles (600-900 kcal)/day, for complete nutrition 5 bottles (1500 kcal)/day.

STORAGE

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

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PACK SIZE

24 X 200ml bottles.

SHELF LIFE

12 months from date of manufacture

ENERGY DISTRIBUTION

Protein: 20% Fat: 42% Carboyhydrate: 35% Fibre: 3%

PCRS CODES

Vanilla: 81187 Forest berries: 81187 Cappuccino: 81187

INGREDIENTS

Cappuccino flavour

Water, <u>milk protein</u>, modified starch, vegetable oils (rapeseed oil, sunflower oil), maltodextrin, fructose, medium chain triglycerides (MCT), flavourings, potassium citrate, <u>fish oil</u>, emulsifiers (E 471, <u>sova lecithins</u>), sodium chloride, choline hydrogen tartrate, acidity regulator (E 524), vit. C, sweetener (sodium cyclamate, saccharin sodium), magnesium oxide, iron pyrophosphate, zinc sulphate, vit. E, niacin, pantothenic acid, manganese chloride, copper sulphate, vit. B_p, vit. B_g, sodium fluoride, vit. B_p, β -carotene, vit. A, folic acid, chromium chloride, sodium selenite, sodium molybdate, potassium iodide, vit. K_p, biotin, vit. D₃, vit. B₂,

Vanilla Flavou

Water, <u>milk protein</u>, modified starch, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), fructose, medium chain triglycerides (MCT), potassium citrate, <u>fish oil</u>, flavourings, emulsifiers (E 471, <u>soya lecithins</u>), sodium chloride, choline hydrogen tartrate, acidity regulator (E 524), vit. C, sweeteners (sodium cyclamate, saccharin sodium), magnesium oxide, iron pyrophosphate, zinc sulphate, vit. E, niacin, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₃, sodium fluoride, vit. B₄, β -carotene, vit. A, folic acid, chromium chloride, sodium selenite, sodium molybdate, potassium iodide, vit. K, biotin, vit. D, vit. B₃.

Forest Berries Flavour

Water, <u>milk protein</u>, modified starch, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), fructose, medium chain triglycerides (MCT), flavourings, potassium citrate, <u>fish oil</u>, emulsifiers (E 471, <u>soya lecithins</u>), beetroot powder, sodium chloride, choline hydrogen tartrate, acidity regulator (E 524), vit. C, sweeteners (sodium cyclamate, saccharin sodium), magnesium oxide, iron pyrophosphate, zinc sulphate, vit. E, niacin, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₂, sodium fluoride, vit. B₃, β-carotene, vit. A, folic acid, chromium chloride, sodium selenite, sodium molybdate, potassium iodide, vit. N_w biotin, vit. D₃, vit. B₅.

Date of Preparation: September 2019 EN/Gen/013.19

| NUTRITIONAL COMPOSITION | Per 100ml | Per 200ml |
|---|--|--|
| ENERGY kcal(KJ) | 150 (630) | 300 (1260) |
| PROTEIN g | 7.5 | 15 |
| CARBOHYDRATE g | 13.1 | 26.2 |
| of which sugars g | 2.5 | 5 |
| of which lactose g | ≤0.5 | ≤1.0 |
| FAT g | 7 | 14 |
| of which saturated fatty acids g | 1.7 | 3.4 |
| of which MCT g | 1.2 | 2.4 |
| of which monounsaturated fatty acids g | 3.8 | 7.6 |
| of which polyunsaturated fatty acids g | 1.5 | 3 |
| of which EPA g | 0.038 | 0.076 |
| of which DHA g | 0.016 | 0.032 |
| FIBRE g | 2 | 4 |
| SALT g (Na x 2.5) | 0.161, 0.18 | 0.321, 0.36 |
| WATER ml | 79 | 158 |
| OSMOLARITY mosmol/l | 350-390** | 350-390** |
| OSMOLALITY mosmol/kg H2O | 440-490** | 440-490** |
| MINERALS AND TRACE ELEMENTS | Per 100ml | Per 200ml |
| CODULA (D | CE (0.0)(1.70(0.4) | 100/5 (11140/6 0) |
| SOUTUM mg (mmoi) | 65 (2.8) ¹ 70(3.1) | 130(5.6)1/140(6.2) |
| | 65 (2.8) ¹ 70(3.1) 130 (3.3) | 260 (6.6) |
| POTASSIUM mg (mmol) | | |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) | 130 (3.3) | 260 (6.6) |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) | 130 (3.3) 55 (1.6) | 260 (6.6) 110 (3.2) |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) | 260 (6.6) 110 (3.2) 300 (7.4) |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg ZINC mg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg ZINC mg COPPER µg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) 2 1.5 | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) 4 |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg ZINC mg COPPER µg MANGANESE mg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) 2 1.5 | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) 4 3 600 |
| SODIUM mg (mmol) POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg ZINC mg COPPER µg MANGANESE mg IODINE µg CHROMIUM µg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) 2 1.5 300 0.4 | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) 4 3 600 0.8 |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg ZINC mg COPPER µg MANGANESE mg IODINE µg CHROMIUM µg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) 2 1.5 300 0.4 30 | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) 4 3 600 0.8 60 |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg ZINC mg COPPER µg MANGANESE mg IODINE µg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) 2 1.5 300 0.4 30 | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) 4 3 600 0.8 60 20 |
| POTASSIUM mg (mmol) CHLORIDE mg (mmol) CALCIUM mg (mmol) PHOSPHORUS mg (mmol) MAGNESIUM mg (mmol) IRON mg ZINC mg COPPER µg MANGANESE mg IODINE µg CHROMIUM µg MOLYBDENUM µg | 130 (3.3) 55 (1.6) 150 (3.7) 95 (3.1) 15 (0.6) 2 1.5 300 0.4 30 10 15 | 260 (6.6) 110 (3.2) 300 (7.4) 190 (6.2) 30 (1.2) 4 3 600 0.8 60 20 30 |

| VITAMINS AND OTHER NUTRIENTS* | Per 100ml | Per 200ml |
|-------------------------------|-----------------|---------------|
| VITAMIN A μgRE | 170 | 340 |
| of which β- carotene μg RE | 50 | 100 |
| VITAMIN D ₃ μg | 2 | 4 |
| VITAMIN E mgαTE | 3 | 6 |
| VITAMIN K, μg | 16.7 | 33.4 |
| VITAMIN B, mg | 0.23 | 0.46 |
| VITAMIN B ₂ mg | 0.32 | 0.64 |
| NIACIN mg | 1.50(2.76 mgNE) | 3(5.52 MG NE) |
| VITAMIN B ₆ mg | 0.33 | 0.66 |
| VITAMIN B ₁₂ μg | 0.6 | 1.2 |
| PANTOTHENIC ACID mg | 1.2 | 2.4 |
| BIOTIN μg | 7.5 | 15 |
| FOLIC ACID μg | 50 | 100 |
| VITAMIN C mg | 15 | 30 |
| CHOLINE* mg | 26.7 | 53.4 |

| TYPICAL FATTY ACID PROFILE | g Per 100ml |
|---------------------------------|-------------|
| C6:0 Caproic acid | 0.002 |
| C8:0 Captylic acid | 0.67 |
| C10:0 Capric acid | 0.46 |
| C12:0 Lauric acid | 0.004 |
| C14 Myristic acid | 0.014 |
| C16 Palmitic acid | 0.28 |
| C16:1 n-7 Palmitoleic acid | 0.017 |
| C18 Stearic acid | 0.14 |
| C18:1 n-9 Oleic acid | 3.51 |
| C18:2 n-6 Linoleic acid | 1.02 |
| C18:3 n-3 α-Linolenic acid | 0.39 |
| C20:5 n-3 Eicosapentaenoic acid | 0.038 |
| C22:6 n-3 Docosahexaenoic acid | 0.016 |
| Other - 3 fatty acids from fish | 0.005 |
| | |

g Per 100ml

TYPICAL AMINO ACID PROFILE

| THE TEAL AMINO ACID I NOTICE | g i ci iooiiii |
|------------------------------|----------------|
| ESSENTIAL | |
| Histidine | 0.22 |
| Isoleucine | 0.44 |
| Leucine | 0.76 |
| Lysine | 0.64 |
| Methionine | 0.22 |
| Phenylalanine | 0.38 |
| Threonine | 0.37 |
| Tryptophan | 0.08 |
| Valine | 0.54 |
| CONDITIONALLY ESSENTIAL | |
| Cysteine | 0.05 |
| Tyrosine | 0.41 |
| Taurine | n.s. |
| Glycine | 0.14 |
| Arginine | 0.28 |
| Glutamine | 0.57 |
| Proline | 0.76 |
| NON-ESSENTIAL | |
| Aspartic acid and asparagine | 0.72 |
| Glutamic acid | 0.79 |
| Alanine | 0.25 |
| Serine | 0.46 |
| | |

| TYPICAL CARBOHYDRATE PROFILE | g Per 100ml |
|--------------------------------------|-------------|
| Glucose | 0.16-0.17** |
| Fructose | 1.9 |
| Maltose | 0.21-0.22** |
| Saccharose | n.s. |
| Lactose | ≤0.5 |
| Oligosaccharides and Polysaccharides | 5.35 |
| Starch | 5.25 |

n.s= not specified 1. Vanilla flavour **depending on flavour